



Rosemary House  
Rosemary Lane  
Flimwell  
Wadhurst  
East Sussex  
TN5 7PT  
Tel: 01580 879614  
Fax: 01580 879268

[www.arenapursuits.com](http://www.arenapursuits.com)  
[info@arenapursuits.com](mailto:info@arenapursuits.com)

## 2010 TEAM BUILDING NIGHT EXERCISE

Arena has developed a unique event which is ideal for schools looking for a Team Building activity with a difference. Normal seasons are Spring and Autumn as darkness is required to make the event challenging and effective.

The activities are:

**Assault Course** - with teams tackling the obstacles slowly and methodically as they have to take an "injured person" (straw dummy) with them.

**Escape & Evasion Exercise** – using 2 camps at opposing ends of 2 fields each team has to capture the opposition's flag and return it safely to their base whilst defending their own base.

**Woodland Map Reading** – using large scale maps the teams have to find 10 different locations and mark down their unique symbols on their own score sheet.

### Equipment:

Warm waterproof outer layers and sturdy footwear, together with hats and gloves, All participants should bring torches and a complete change of clothing.

### Food & Drink:

Arena can provide hot chocolate, tea, coffee & biscuits and Kit-Kats at the end of the evening before students leave the site. Price £5 per head including VAT.

### Times:

The event normally takes 3-3 ½ hours to include initial briefings and the activities. We run the event from dusk onwards, depending on the time of year.

**Adult Participant Ratio:** 1:8

**Price:** £35 per head including VAT based on a minimum of 30 participants and a maximum of 90.

### Transport to the site:

We urge organisers to use cars and mini buses, and not coaches, if at all possible. However if coaches are used access must be down Rosemary Lane from the A21.

Arena Pursuits is located just off the A21 (London – Hastings) between Lamberhurst and Flimwell, 8 miles from Tunbridge Wells and 21 miles from Junction 5 of the M25. We can arrange transport to and from Wadhurst Station, which is 59 minutes down the line from Charing Cross/Cannon Street.

**For further information and to book please call the office on 01580 879614**

## PLEASE NOTE:

**BBQS & PICNICS - Recycling the Recyclable - Removing the Rest**

As always, we are happy to offer our visitors the use of the undercover BBQ and Picnic Area on the day of their event. However, we cannot cope with the enormous amount of rubbish which gets left after the events - on busy weekends we can have up to 20 black bags to deal with.

**We have unlimited fresh water for drinking so please refrain from bringing bottled water - you will significantly reduce the need for recycling and help save the planet too!**

We have bins on site to recycle glass, clean plastic bottles and aluminium cans. For everything else – **PLEASE TAKE IT HOME!!**

**It is the responsibility of the parent/teacher to ensure that the picnic/barbecue area is cleared up after use.**



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## 2010 SCHOOLS NIGHT EXERCISE BOOKING FORM

Please print clearly in capitals and return to above address

NAME	
SCHOOL NAME:	
ADDRESS	
POST CODE	TEL
EVENT TYPE	EVENT DATE
NUMBER OF PARTICIPANTS	TIME
EMAIL ADDRESS	