



Rosemary House
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2019 EVENTS FOR PUBLIC SCHOOLS (YEARS 9-13) AT ARENA PURSUITS

Helping public schools develop initiative, teamwork and leadership in their pupils

WHY ARENA?

With over 25 years' experience, Arena has developed a wide range of outdoor activities that are ideal for the 13-18 year age group. These range from the Assault Course through a series of Team based challenges which are taken from our Management Development programme to Quad Biking, Orienteering and Clay Pigeon Shooting. Not only are these fun, but they help to develop initiative, teamwork and leadership skills away from the normal school environment and the pressures of everyday life.

An event at Arena can help to fulfil various requirements of both Key Stages 3 & 4, including Physical Education:

- Acquiring and developing skills
- Selecting and applying skills
- Tactics and compositional ideas
- Evaluating and improving performance
- Knowledge and understanding of fitness and health

PSHE & Citizenship

- Developing confidence and responsibility and making the most of their abilities
- Developing a healthy and safer lifestyle
- Developing good relationships and respecting the differences between people
- Communication skills
- Working with others
- Improving their own learning and performance
- Problem solving

Reasons for a school/form outing to Arena:

- Induction day for new year intake
- Activity Day
- CCF
- Leavers party
- Post-exam celebration
- Prefect selection
- Geography Field Trip
- Weekend activities for boarders

Useful Notes for Staff/Parents:

- On site we have the following available for use:
 - Changing rooms and toilets

- A large undercover BarBQ/Picnic area which schools are welcome to use by arrangement. All we ask is that staff/parents/guardians ensure that this area is kept tidy and all rubbish is taken away. We provide recycling facilities on site for CLEAN plastic (Nos 1, 2 & 3 ONLY), glass and paper
- Free tea/coffee facilities for staff
- Fresh drinking water for all

Please note the following:

- Instructors CRB checked
- We have been vetted by both Kent County Council and East Sussex County Council
- We carry £10,000,000 Public Liability Insurance (copy of the Certificate wording available on request)
- All instructors are qualified First Aiders and First Aid facilities are situated in the Safety Area
- We require an Adult/Child ratio of normally 1:8
- Coaches – we encourage schools to use mini-buses. However if coaches are used access must be down Rosemary Lane from the A21

We can be flexible with time slots and offer 3 lengths of activity:

Guide Prices:

Years 9 - 13 Team Tasks	Time Required	No of Participants	Price per head (inc VAT)
Half Day	3 - 3 1/2 hours	Minimum 10	£37.50
Long Half Day	4 1/2 - 5 hours	15+	£42
Full Day	6 - 6 1/2 hours	15+	£55

Camping under supervision of school staff is charged at £10.00 per head (staff free of charge).

Other options:

Paintballing

£60.00 per head based on a minimum of 12 players
Half Day to include safety equipment, overalls and 400 paintballs per head

Quad Trekking

6 to 10 Riders	£75.00 inc. VAT	11 -18 Riders	£65.00 inc. VAT
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2 hours for between 6-12 participants, 2 ½ hours for between 13-18 participants

Introduction to Quads + Team Tasks

£65 per head
4 ½ hours for between 30 – 40 participants

Clay Pigeon Shooting (minimum age 14 years)

£65 per head

35 Clay Shoot to include practice and competition rounds To include instructors, clays, cartridges, guns, ear defenders

Minimum 12 participants
Maximum 24 participants

Early Learning Driving

1 hour £95 and 2 hours £180
Using a professional driving instructor and Land Rover Discovery or 110 Safari.

Team Building Night Exercise

£37.50 per head including VAT based on a minimum of 30 participants and a maximum of 90

Team Tasks for Schools : Duration: 3 Hours

Helping schools develop initiative, teamwork and leadership

We have taken many of the ideas used for Management Training and by the Armed Forces developed them for younger participants (12-18 years). Team Tasks are designed to develop an individual's ability to work together as a group when faced with various scenarios often unrelated to normal everyday life.

Participants are divided into groups, and each group is briefed on the objectives of the particular task, the materials available, and the ground rules. During the plan forming stage we look for individual skills such as initiative, leadership, team building, creativity, communication, flexibility, decision making and time management.

As well as being great fun, the competitive element and teamwork development will be of great benefit in the future.

During the Team Building Tasks we look for individual skills...

- Initiative
- Leadership
- Creativity
- Communications
- Flexibility
- Decision Making
- Time Management
- Man Management

As well as being fun, the competitive element and team development will be of great benefit in the workplace.

Tasks include:

SHEEP PEN

The group is divided into 2 teams. The 2 shepherds (one from each team) have to get their blindfolded sheep into the pen in the shortest possible time via the far side only.

The sheep cannot talk (surprise, surprise!) and the shepherd can only use letters (A-Z), numbers, and the word 'STOP'

POT ON POLE

Get the bucket part-filled with water on to the top of the pole and leave it there with nothing attached. The boundary barrier is approximately 3m away from the pole and 1m from the ground.

No team member or equipment can touch the pole or the ground inside the boundary fence or the boundary tape. If a piece of equipment touches the pole or the ground inside the barrier, the team then loses the use of this piece of equipment.

RAVINE CROSSING

Get three barrels from one side of the wood to the far side in the shortest possible time. None of the barrels may be touched by the team members.

At the three 10m wide Ravine crossing points no team member, nor equipment, nor barrel may touch the ground.

If any team member touches a barrel accidentally, a 30 second penalty will be added.

MINEFIELD

Get the whole team safely from one side of the minefield to the other, together with a part filled 25 litre drum of "blood plasma" in the shortest possible time.

No team member or equipment can touch the ground and may only step on the equipment or on stepping blocks. Nobody may jump from one block to another.

They must use a piece/pieces of equipment, which must cover the ground between the blocks.

CANAL CROSSING

Get every member of the team from one side of the 7m wide canal and back again during the course of the event, without them touching the water. Collect the barrel of "vital medical supplies" (a 25 litre white drum with handle $\frac{3}{4}$ full of water) from the far side of the canal back to this side without team members touching it directly and to get the injured team member from the far side to this side assuming he has severe spinal injuries.

SPIDER'S WEB

Get the whole team from one side of the spider's web to the other without touching any of the ropes via the gaps in the rope in the shortest possible time.

Each team member must go through a different "hole" plus the team must go through the holes in sequence.

If any member touches a rope/pole/tree, the whole team goes back and starts again!

RAISING THE FLAG

Construct a flag pole from the equipment provided and then fly a flag from the top of the pole, which must be situated in the middle of the "no-go" area.

If any team member or equipment touches the ground inside the "no-go" area (except for the flag pole, which must be secured before the flag is flown) all the equipment must be returned to its starting position and the exercise repeated.

4/5 PERSON SKIS

Aim: For every team member to have skied around the Obstacle Course in the shortest possible time.

Feet must stay **on** a minimum of one ski at any one time when skiing. If anyone falls off the skis they must "re-mount" with no advantage gained.

A maximum of 5 people on the skis at any one time (if a team of 6) and 4 if a team of 5.

ASSAULT COURSE

Get the whole team plus the injured man "dummy" plus the 25 litre barrel around the Assault Course in the shortest possible time.

At least 3 team members must go at a time and at no time can there be less than 2 people carrying the dummy.

BLIND ALLEY

Get all team members safely through the alleyway negotiating all obstacles along the way and to transport equipment & puzzle pieces for correct assembly on the other side.

When inside the alley, team members must be blindfolded and all team members and equipment must travel in a forwards direction at all times.

Team Tasks for Schools: Ages 12-18

Cost per head (inc. VAT)

Half Day: £37.50 (Minimum £375.00)

Times:

10.00 am - 1.00 pm

2.00 pm - 5.00 pm

(1.30 pm – 4.30 pm in Winter)

5.00 pm - 8.00 pm (Summer only)

Full Day: £55.00 (Minimum £550.00)

Times:

10.00 am - 5.00 pm (4.30 pm in Winter)

DISCS

Move 5 tyres from peg A to peg C leaving them in the correct order of size - largest at bottom, smallest at top.

Only one tyre can be moved at a time. There can never be a larger tyre placed over a smaller tyre. Each tyre must be on a peg before another is moved. Tyres cannot be thrown and pegs cannot be moved. Each time a ground rule is broken a team member has to drop out.

WATERSLIDE

Move 25 litres of water from the starting point to the empty barrel 14 metres away using the equipment provided. Neither the original barrel or the empty barrel can enter the taped off area.

Once the drainage system has been built and the water is poured, team members may not touch any of the pipes, guttering or supports.

FRED'S CADILLAC

Construct a method of transporting all team members (the Flintstones and Rubbles) from one side of the 8m wide "no go area" to the other in the shortest possible time.

No team member can touch the ground between the tapes.

We can be flexible on times. Please telephone to discuss.

Some of the Public Schools who have used Arena in recent years include:

Tonbridge School	Bethany School, Goudhurst
Benenden School	Ardingly College
St Leonards Mayfield	Bexhill College
Roedean School	Sevenoaks School
Dulwich College	Christ's Hospital
Harrow School	Cobham Hall
Eastbourne College	Kent College, Pembury
Swedish School, London	Kings School Canterbury
The Royal Russell School, Croydon	Caterham College

For further information and to book please call the office on 01580 879614

Arena Pursuits - Not Just Another School Day!

PLEASE NOTE:

BBQS & PICNICS - Recycling the Recyclable - Removing the Rest

As always, we are happy to offer our visitors the use of the undercover BBQ and Picnic Area on the day of their event. However, we cannot cope with the enormous amount of rubbish which gets left after the events - on busy weekends we can have up to 20 black bags to deal with.

We have unlimited fresh water for drinking so please refrain from bringing bottled water - you will significantly reduce the need for recycling and help save the planet too!

We have bins on site to recycle glass, clean plastic bottles and aluminium cans. For everything else – **PLEASE TAKE IT HOME!!**

It is the responsibility of the parent/teacher to ensure that the picnic/barbecue area is cleared up after use.



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2019 PUBLIC SCHOOLS BOOKING FORM

Please print clearly in capitals and return to above address

NAME	
SCHOOL NAME:	
ADDRESS	
POST CODE	TEL
EVENT TYPE	EVENT DATE
NUMBER OF PARTICIPANTS	TIME
EMAIL ADDRESS	